

# 121 Lunch

## Tossed with Greens

All Salads prepared to order and tossed with our specialty dressing or you may choose your favorite dressing. Ranch, Honey-Mustard, Asian, Classic Balsamic, Blue Cheese, Honey Balsamic, Light Asian, Zesty Ranch, or Fresh Herb Vinaigrette.

### **Shrimp Salad \$8.00**

A bed of spinach with feta cheese, carrots, roasted red peppers, cold asian shrimp, crispy noodles, and light Asian dressing

### **Blue Wedge \$8.00**

A wedge of crisp iceberg lettuce topped with crumbled bacon, blue cheese, and pecans, then drizzled with our creamy ranch and our honey balsamic dressing

### **Black and Blue Salad \$8.00**

Fresh greens tossed with tomatoes, cucumbers, carrots, blue cheese, thin sliced grilled steak strips, crispy noodles, and creamy blue cheese dressing

### **Chinese Chicken Salad \$8.00**

Fresh greens tossed with tomatoes, cucumbers, carrots, cheese, mandarin oranges, sliced almonds, grilled chicken, crispy noodles, and light asian dressing

### **House Chicken Salad \$8.00**

Fresh greens tossed with tomatoes, cucumbers, carrots, cheese, a scoop of our homemade chicken salad, crispy noodles, and balsamic dressing

### **Vineyard Salad \$8.00**

Fresh greens tossed with tomatoes, cucumbers, carrots, cheese, green apples, walnuts, crispy noodles, grilled chicken, and honey-mustard dressing

### **Asian Salad \$8.00**

Fresh greens tossed with tomatoes, cucumbers, carrots, cheese, mandarin oranges, peanuts, crispy noodles, fried chicken, and Asian-Sesame dressing

### **Chicken Club Salad \$8.00**

Fresh greens tossed with tomatoes, cucumbers, carrots, cheese, crispy noodles, bacon and your choice of fried or grilled chicken, and our homemade ranch dressing

### **Chef Salad \$8.00**

Fresh greens tossed with tomatoes, cucumbers, carrots, cheese, bacon, ham, turkey, crispy noodles, and creamy ranch dressing

**Santa Fe Salad \$8.00**

Fresh greens tossed with tomatoes, cucumbers, carrots, cheese, grilled chicken, black bean salad, sour cream, crispy noodles, and zesty ranch dressing

**Harvest Salad \$6.81**

Fresh greens tossed with tomatoes, cucumbers, carrots, cheese, dried fruit and nut blend, sliced apples, mandarin oranges, crispy noodles, and our fresh herb balsamic dressing. (Add chicken to this salad for \$1.50)

**Strawberry Fields Salad \$6.81**

Fresh greens tossed with tomatoes, cucumbers, carrots, feta cheese, sliced strawberries, pecans, crispy noodles, and honey balsamic dressing. (Add chicken to this salad for \$1.50)

**Spinach Salad \$6.81**

A bed of spinach with feta cheese, carrots, roasted red peppers, crispy noodles, and light asian dressing (add chicken to this salad for \$1.50)

**Grilled Chicken Salad \$7.21**

Fresh greens tossed with tomatoes, cucumbers, carrots, cheese, crispy noodles, grilled chicken, and creamy ranch dressing

**Fried Chicken Salad \$7.21**

Fresh greens tossed with tomatoes, cucumbers, carrots, cheese, crispy noodles, fried chicken, and honey-mustard dressing

**B.L.T. Salad \$7.21**

Fresh greens tossed with tomatoes, cucumbers, carrots, cheese, crispy noodles, crushed bacon, and creamy ranch dressing

**Trio Salad \$7.21**

Leaf lettuce topped with chicken salad served with crackers and your choice of two sides

Add Shrimp to any Salad for \$4.21  
Substitute Shrimp instead of chicken on a salad for \$2.21  
Make your salad a spinach only salad for an additional \$.81

**Between the Bread**

Sandwiches are served with your choice of side item.  
You may substitute soup as a side for \$2.21

**Multigrain wrap.....**

**Tangy Turkey** \$ **8.00** sliced turkey with green apples, honey mustard dressing, red onion, lettuce, cheese, and tomatoes in a **multigrain wrap**

**Garden Turkey** \$ **8.00** sliced turkey layered over our veggie cream cheese, with red onion, lettuce, and tomato in a **multigrain wrap**

**Heavenly Ham** \$ **8.00** sliced ham layered over our honey walnut cream cheese with red onion, lettuce, cheese, and tomato on a **multigrain wrap**

**Classic Chicken** \$ **7.81** seasoned grilled chicken strips, lettuce, tomatoes, red onion, cheese, and mayonnaise in a **multigrain wrap**

**Crispy Chicken** \$ **7.81** fresh breaded chicken strips, lettuce, tomatoes, red onion, cheese, and mayonnaise in a **multigrain wrap**

**Classic Steak** \$ **8.00** thinly sliced steak strips seasoned and grilled then topped with lettuce, tomatoes, red onion, cheese, and mayonnaise in a **multigrain wrap**

**Signature Steak** \$ **8.00** thinly sliced steak strips seasoned and grilled then topped with portabella mushrooms, grilled onions, sun-dried tomato cream cheese, lettuce, and tomatoes in a **multigrain wrap**

### **Signature wheatberry.....**

**Sun-dried Turkey** \$ **8.00** sliced turkey with sun-dried tomato cream cheese, lettuce, tomatoes, and red onions on our **wheatberry bread**

**Cranberry Turkey** \$ **8.00** sliced turkey with cranberry cream cheese, lettuce, tomatoes, and red onions on our **wheatberry bread**

**Classic Club** \$ **8.00** slices of ham, turkey, bacon, and cheese topped with lettuce, tomato, red onion, and mayonnaise on **wheatberry bread**

**Chicken Salad** \$ **7.81** white meat chicken with fresh herbs and spices delicately blended with mayonnaise on **wheatberry bread** with lettuce and tomato

**Classic Turkey** \$ **7.81** slices of turkey and cheese topped with lettuce, tomato, red onion, and mayonnaise on **wheatberry bread**

**Classic Ham** \$ **7.81** slices of ham and cheese topped with lettuce, tomato, red onion, and mayonnaise on **wheatberry bread**

**Monte Cristo** \$ **7.81** honey mustard, ham, and swiss cheese, layered in **wheatberry bread**, then battered and grilled to perfection.

**Classic Bacon** \$ **7.21** slices of crisp bacon, lettuce, tomatoes, cheese, red onions, and mayonnaise on **wheatberry bread**

**Pimento Cheese** \$ **7.81** Pimentos, fresh grated cheese, and spices delicately blended with mayonnaise on **wheatberry bread** then grilled to order

**Jala-Pimento Cheese** \$ **7.81** Pimentos, fresh grated cheese, jalapeno, and spices delicately blended with mayonnaise on **wheatberry bread** then grilled to order

**Seasoned Tomato** \$ **7.81** sliced tomatoes lightly seasoned then layered over our veggie cream cheese on **wheatberry bread**

### **Under the oats.....**

**Jala-Pimento burger** \$ **7.81** Our 1/4 LB burger with mayonnaise, lettuce, tomato, red onion, and our signature jala-pimento cheese, on an oat topped multigrain bun

**Bacon Cheeseburger** \$ **7.81** Our 1/4 LB burger with mayonnaise, lettuce, tomato, red onion, cheese, and bacon on an oat topped multigrain bun

**Mushroom Swiss Burger** \$ **7.81** our jumbo burger with mayonnaise, lettuce, tomato, red onion, swiss cheese, and portabella mushroom on an oat topped multigrain bun

**Marinated Portabella** \$ **7.81** mayonnaise, lettuce, tomato, red onion, cheese, and portabella mushrooms on an oat topped multigrain bun

**Charleston Chicken** \$ **7.81** Ranch mayonnaise, lettuce, tomato, red onion, havarti cheese, bacon, and grilled chicken on an oat topped multigrain bun

**Monterey Chicken** \$ **7.81** grilled chicken, bbq sauce, ham, Swiss cheese, American cheese, lettuce, tomato, and onion on an oat topped multigrain bun

**Zesty Chicken** \$ **7.81** your choice of buffalo or bbq sauce drizzled over our fresh breaded chicken, topped with lettuce, tomato, red onion, and cheese, on an oat topped multigrain bun

**Supreme Chicken** \$ **7.81** ranch mayonnaise, lettuce, tomato, red onion, cheese, bacon, and fresh breaded fried chicken on an oat topped multigrain bun

## Signature Sides

Choose any side for your sandwich selection or add a side to any meal for \$2.21

A la carte (without a meal purchase) \$3.21

**Pasta**–Elbow Macaroni Salad, Greek Pasta Salad, Garden Vegetable Pasta Salad

**Potato**–Baked Potato Salad, Sweet Potato Fries, Shoestring Fries, Sun-Chips

**Specialty**–Black Bean Salad, Broccoli Salad, Seasoned Tomatoes, Fresh Cranberry Salad, Fresh Fruit, Fried Green Beans, Frazollis

## In a bowl

Almost **bottomless** \$ **6.21** (includes 2 refills)

**Just A bowl** \$ **3.21**

Broccoli and Cheese, Tomato Basil, and Traditional Chili made Daily.

See your server for additional daily soup selection

**121 Combination** \$ **7.21** (2 items) \$ **8.21** (2 items and a side selection)

Choose between: Garden Salad, Soup, or ½ Sandwich

1/2 sandwich choices include: tangy turkey, garden turkey, heavenly ham, or any of our signature wheatberry sandwiches. All half sandwiches are prepared on wheatberry bread.

## Southern Favorites

Some of our favorite fried foods prepared to make you feel right at home.

**Just Strips \$8.00** fried chicken strips with your choice of one dipping sauce and one side item

**Fried Green Beans \$5.21** battered and fried in our own homemade batter then drizzled with our homemade ranch dressing

**Shoestring Fries \$5.21** french style shoestring fries served with one of our homemade dipping sauces

**Sweet Potato Fries \$5.21** A fresh approach to a classic sweet potato. Served with one of our homemade dipping sauces

**Frazollis \$5.21** lightly breaded and fried cheese filled pasta gently tossed in our creamy alfredo sauce

## By the Glass

**Café Beverages \$1.80** (refills)

Coke, Diet Coke, Sprite, Sweet Tea, UN-sweet Tea,  
Raspberry Tea, Pink Lemonade or Coffee

**Fresh Squeezed Lemonade (no refills) \$1.80**

**Beer - \$3.00**

Bud Light, Michelob Ultra, Amber Bock, Natural Light, Purple Haze,  
Bud Light Lime, Bud Light Golden Wheat, Becks

**Wine - by the glass house \$4.80/ by the bottle \$16**

signature **\$5.80/ by the bottle \$18**

White Zinfandel, Riesling, Pinot Grigio, Chardonnay, Shiraz, Pinot Noir, Merlot, &  
Cabernet

**Adult Beverages** - Our signature Blueberry Lemonade, Raspberry Spritzer, as well as all of your favorite alcoholic beverages available.

A Note From Chef Hamm....

Myself and the enter Chef Hamm Family thank you for your patronage.

In order to maintain quality service to everyone and offer an inviting environment we may charge 20% gratuity to parties of 6 and larger. In addition, special orders or changes to the menu may result in a small charge to cover the cost of goods and preparation.